

1. Hasil data penelitian

	Kolesterol (mg/dL)		Trigliserida (mg/dL)	
	Pre	post	pre	post
K-1	80	54	92	89
K-2	64	64	87	84
K-3	72	53	100	98
K-4	81	57	95	93
K-5	57	72	89	87
Rata-rata	70,8	60	92,6	90,2
SD	10,32	9,09	5,12	5,44
K+1	66	65	93	91
K+2	61	64	90	88
K+3	88	43	88	85
K+4	64	64	91	89
K+5	76	48	96	94
Rata-rata	71,0	56,8	91,6	89,4
SD	11,04	7,96	3,04	3,36
P1(1)	63	44	85	83
P1(2)	70	48	92	90
P1(3)	87	53	90	87
P1(4)	62	55	94	91
P1(5)	78	49	87	85
Rata-rata	72,0	49,8	89,6	87,2
SD	10,55	4,32	3,36	3,34
P2(1)	86	32	89	86
P2(2)	59	36	93	91
P2(3)	70	41	90	88
P2(4)	92	55	91	84
P2(5)	51	47	88	85
Rata-rata	71,6	42,2	90,2	86,8
SD	17,38	10,47	1,92	2,77
P3(1)	73	51	94	91
P3(2)	81	56	86	88
P3(3)	76	81	89	87
P3(4)	75	62	92	90
P3(5)	79	44	90	88
Rata-rata	76,8	58,8	90,2	88,8
SD	3,19	1,07	3,03	1,64

2. Hasil uji data spss

1). Kolesterol

a. Uji normalitas

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Kolesterol	.072	50	.200 [*]	.985	50	.757

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

b. Uji Homogenitas

Test of Homogeneity of Variances

Kolesterol

Levene Statistic	df1	df2	Sig.
.024	1	48	.877

c. Two Way ANOVA

Tests of Between-Subjects Effects

Dependent Variable: Kolesterol

Source	Type III Sum of Squares	df	Mean Square	F	Sig.
Corrected Model	5710.980 ^a	9	634.553	5.640	.000
Intercept	198324.020	1	198324.020	1762.880	.000
Pre.Post	4474.580	1	4474.580	39.774	.000
Kel.Perlakuan	773.880	4	193.470	1.720	.165
Pre.Post * Kel.Perlakuan	462.520	4	115.630	1.028	.405
Error	4500.000	40	112.500		
Total	208535.000	50			
Corrected Total	10210.980	49			

a. R Squared = .559 (Adjusted R Squared = .460)

d. Uji post hoc Duncan

Kolesterol

Duncan^{a,b}

Kel.Perlakuan	N	Subset	
		1	2
Kontrol Negatif	10	56.50	
Perlakuan 1	10	60.90	60.90
Perlakuan 2	10	64.20	64.20
Kontrol Positif	10	65.50	65.50
Perlakuan 3	10		67.80
Sig.		.090	.193

Means for groups in homogeneous subsets are displayed.

Based on observed means.

The error term is Mean Square(Error) = 112.500.

a. Uses Harmonic Mean Sample Size = 10.000.

b. Alpha = 0.05.

2).Triglicerida

a. Uji Normalitas

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Triglicerida	.095	50	.200 [*]	.974	50	.321

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

b. Uji Homogenitas

Test of Homogeneity of Variances

Triglicerida

Levene Statistic	df1	df2	Sig.
.011	1	48	.915

c. Two Way ANOVA

Tests of Between-Subjects Effects

Dependent Variable: Triglicerida

Source	Type III Sum of Squares	df	Mean Square	F	Sig.
Corrected Model	141.620 ^a	9	15.736	1.265	.286
Intercept	401945.780	1	401945.780	32310.754	.000
Kel.Perlakuan	66.920	4	16.730	1.345	.270
Pre.Post	69.620	1	69.620	5.596	.023
Kel.Perlakuan * Pre.Post	5.080	4	1.270	.102	.981
Error	497.600	40	12.440		
Total	402585.000	50			
Corrected Total	639.220	49			

a. R Squared = .222 (Adjusted R Squared = .046)

d. Uji post hoc Duncan

Triglicerida

Duncan^{a,b}

Kel.Perlakuan	N	Subset
		1
Perlakuan 1	10	88.40
Perlakuan 2	10	88.50
Perlakuan 3	10	89.50
Kontrol Positif	10	90.50
Kontrol Negatif	10	91.40
Sig.		.096

Means for groups in homogeneous subsets are displayed.

Based on observed means.

The error term is Mean Square(Error) = 12.440.

a. Uses Harmonic Mean Sample Size = 10.000.

b. Alpha = 0.05.

